

## Kailash Manasarover Yatra - 2026



According to Hindu mythology, Lord Shiva spends most of his time atop holy Mount Kailash, practicing yogic austerities in divine joy and love with his consort Parvati (Mother Goddess). Lake Mansarovar and Mount Kailash are the **soul of all AUM followers** worldwide.

*"Conventional wisdom says a single circuit of Mt. Kailash wipes out the sins of a lifetime; 108 parikramas guarantee enlightenment. A ritual bath in sacred Mansarovar Lake delivers pilgrims to Brahma's paradise, while a drop of its water relinquishes sins of hundreds of lifetimes."*

Experience this spiritual pinnacle with **Firante Treks**—your gateway to Kailash Mansarovar Yatra.

<b>DAYS</b>	<b>ITINERARY</b>	<b>HALTS</b>	<b>Remarks</b>
Day 01:	Arrival in Nepalganj Hotel by jeep / bus as per your booking. (187km) Evening briefing about Kailash yatra.	Hotel 4star	Drive 4-5hrs
Day 02:	Morning fly to Simikot (3000m), if time permitting airlift to Hilsa Evening free	Guest house	Flight 45min

Day 03:	After breakfast fly to Hilsa (3700m) border and drive to Purang (3800m) -(21km) Acclimatization	Himalaya hotel or Similar	By Heli 20 min & drive 45min
Day 04:	Drive to Mansarovar Lake (4500m) -(50km) Start Parikrama of Mansarovar- 88km and Holy Bath, Puja etc.	Guest House	Drive 3hrs to lake and parikrama
Day 05:	Morning free and After lunch drive to Darchen (4670m) - (53km) evening walk around town.	Himalaya Hotel or Similar	45min drive by Bus
Day 06:	Morning drive to Yam Dwar (7km), We meet our horse, porter and yaks then set off together to Deraphuk. Those who are not attempting parikrama will return back to Darchen. We need to cover 10km to reach Diraphuk.	Guest House	Drive 35min and walk 7-8hrs
Day 07:	Today we have to cover (22km), start very early and the trail leads us rapidly up for few hours to reach Dolma la Pass (5470m). this is the highest point of this journey. While we descending from Dolma la, we will pass alongside a small glacier pool. The legend of the pool is connected with Mata Parvati, continue trek to Zuthulphuk	Guest House	Trek 10-12hrs
Day 08:	Last day of Kailash Parikarma, we need to cover (9km), Morning pack up our gear and move to Darchen, today trail is very easy and flat. It takes about 3hrs to reach Zongdo from here we board to bus and drive back to Darchen, meet our team and drive to Purang and cross Purang / Hilsa.	Himalaya Hotel/ Guest house	Trek 3hrs and drive 4hrs
Day 09:	Drive to Hilsa border and fly to Simikot. Evening free	Guest House	By Heli 20min
Day 10:	Morning fly to Simikot and continue fly to Nepalganj then drive to Lucknow by bus (187km) as per group size	-	& Flight 45min & drive 4hrs

**Note: Itinerary are subject to change due to unavoidable circumstances and the extra cost occurred has to be paid by the clients.**

### **Heli Ex Kathmandu: Departure Date 2026**

May: 23, 28\*

June: 13, 21, 26\*

July: 04, 12, 26\*

Aug: 08, 25\*

Sept: 15, 23\*

**Full moon at Manasarovar 2026: May: 31\*, June: 29\*, July: 29\*, Aug: 28\*, Sept: 26\***

**GROUP SIZE: 21+ pax**
**TOUR COST PER PAX; Net [payable cost 2026**
**EX Lucknow: 10 days; Tour Cost for Indian Nationals: INR: 255,000.00 per person**
**EX Lucknow: 10 days; Tour Cost for Foreign Nationals; USD; 3400.00 per person**
**Visa Fee for USA / Canadian Nationals; USD 125.00 Additional**

Rates are based on the FEC/CIPSC 2026, cost; if the rates change by the FEC/CIPSC; also 1 USD rate is based at INR 89; if any big changes in USD rates it will be charged accordingly.

### **SERVICES INCLUDES IN ABOVE TOUR COST**

- Airport pick up and drop services
- Lucknow-Nepalgunj-Lucknow Group Transportation (Estimated Pick up Time 12pm)
- Scheduled flight Nepalgunj – Simikot – Nepalgunj
- Charter helicopter flight share by 4 person Simikot – Hilsa - Simikot
- Double / Triple sharing hotel in Nepalgunj with all vegetarian meals
- 3 or 4pax in Simikot and Tibet all places with meals
- Transport by Tourist Bus up to Mansarovar and Eco Buses from Mansarovar to Darchen Yam Dwar as per group sizes
- Nepali Team Leader and Supporting Sherpa Team and Medical Insurance of staffs.
- English speaking Tibetan guide
- English and Hindi speaking Nepali guide
- Pick up and drop from Lucknow-Nepalgunj-Lucknow (Minimum 4 pax)
- Chinese visa fee of Client and staff.
- Kailash Yatra completion certificate
- Veg. Indian meals during the trip in Tibet.
- Duffel Bag & Small bag (a large & small bags to keep the Yatris for the trip) Gore-Tex Jacket (**returnable-trip**)
- All cooking equipment as per group size
- All accommodation in Tibet side as per itinerary
- Yak for kitchen equipment during Kailash parikrama
- All entrance and Alien's Travel permit fee of Tibet.
- Upper Humla permit & Village Depolopment Commitees (VDC) fee
- For emergency Oxygen cylinder, first aid box and oxy- meter for safety

**Note:** After the Mansarovar to Kailash; All the private vehicles are not allowed

### **SERVICES EXCLUDES IN ABOVE TOUR COST**

- All beverages in Kathmandu, Nepalgunj and Simikot.
- Extra rooms bill due to flight delays due to weather conditions.
- Day use in Nepalgunj after Kailash trip
- Accommodation in Lucknow
- Stick and a water bottle.
- Lunch when you drive to Nepalgunj and return to Lucknow
- Insurance of clients and evacuation cost.
- Personal horse-riding charges during Kailash Parikrama
- Domestic excess baggage charges
- Tips for supporting staff

**Important Information About Kailash Yatra:** we request you to carry at least INR 50000.00 for extra expenses such as extra night's stay at hotel / guest house due to any reasons. Horse ride & porter during Kailash parikrama. Any extra cost incurred there of shall be borne by the clients on the sport. Please keep in mind that Mt. Kailash Yatra is not like an enjoyable holiday tour, therefore you need be prepared to face hardship and unpredictable situations.

### **Booking and payments**

- As per new rules trip booking should be done in advance of 3 months
- 60 days prior to tour departure date, 50% of the total cost should reach Firante Treks & Expeditions
- And full payment should made 45 days before departure to Kailash Manasarovar Yatra

### **Tour Cancellation policy:**

- All notice of cancellation must be sent to our office in written.
- Verbal cancellations will not be entertained.
- 21days period from tour departure date 30% cancellation.
- 15 days' period from tour departure date 50% cancellation.
- There will be no refund at all if you cancel the Yatra less than 10 days before the departure date
- Tour operators has fully right to change the dates and cancel the trip if any unavoidable circumstances.

### **Required Documents for Kailash Yatra Booking:**

- Minimum 6 month's valid date passport is required.
- A normal health certificate from your personal doctor to those are 50 years and above by age.
- Age Bar 10-75 years old.
- Scan Passport copy should be reached Firante Treks & Expeditions office, Kathmandu prior 60 days.
- Original Passport should be reached 10 days prior to the yatra at Delhi office

**Health:**

This is one of Earth's toughest high-altitude road journeys. You must be physically fit—no two ways about it.

Patients with asthma or heart problems often struggle to acclimatize. For your safety, get examined by your doctor to confirm your health and ability to cope with the rigors of:

- High-altitude travel for days in 'no-road' conditions.
- Extreme cold and dust.
- Trekking to 18,500 ft during Kailash parikrama.

Firante Treks provides acclimatization support and expert guidance.

Book your fit-assessed pilgrimage today!

**Clothing's:**

As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. -10 degrees Celsius) one should prepare accordingly.

**Altitude Sickness:** as you are travelling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. this can take a couple of days or more depending on an individual. for this reason alone, we have made it mandatory to stay night at Manasarovar (4600m) moving on to the higher altitudes.

**Currency:** The unit of Chinese currency is Yuan. USD 1=6.80 & 1 Yuan = INR 12.50 approx. Money can be exchanged at Nepalgunj, Hilsa and Purang. Exchange all you're remaining Yuan at the end of the trip at Purang before re-entering Nepal.

**Bring the following items with you:**

Woolen gloves, Balaclava, Sun hat, Thermal wear, Water bottle, Woolen socks, Towel, Light Jacket, Sunglasses, Sun cream, Torch with extra batteries/bulbs, Muffler, Mask, Raincoat, Sweater, Shirt/T-shirt & Trekking shoes

**Travel Insurance:**

We highly advised to the clients to have full insurance against medical, nature calamity, helicopter evacuation, personal accident and cancelation etc.

**Kailash Yatra Cancellation Policy | Firante Treks:**

We may cancel your trip due to border closures, permit issues/cancellations by government, war, riots, civil disturbances, strikes, natural disasters, terrorism, airport closures, or similar.

In such cases, we'll notify you ASAP and offer:

- An alternative trip of comparable standard, **or**
- Refund of payments after deducting actual expenses (flights, visas, permits, hotels, vehicles).

A detailed expense bill will be provided for your insurance claim. Firante holds no further liability.

**Note:** Chinese authorities may deny entry despite permits if you don't meet their criteria. **Never start until permit confirmation.**

Travel securely with Firante—**inquire now for updates!**



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## Refund:

No refund will be made to any tour member in-case of incomplete Yatra due to what so ever reasons.

**Kailash Yatra Travel Disclaimer | Firante Treks:**

We always strive to make your journey smooth and pleasant. However, all Tibet tours and treks run strictly under the Tibet Tourism Bureau (TTB). Firante Treks (or Tibet partners) shall not be responsible for program alterations or cancellations due to unavoidable circumstances beyond control, such as:

- Road blockades, landslides, snow.
- Political unrest, flight cancellations/delays.
- Lack of transport, Chinese visa rejection.
- VVSickness or accidents.

Any extra costs incurred shall be borne by clients on the spot. Tibet's remote location means rough roads—even well-maintained vehicles may break down.

Firante maximizes comfort and safety—**join our proven treks!**

