

Kailash Manasarover Yatra - 2026



According to Hindu mythology, Lord Shiva spends most of his time atop holy Mount Kailash, practicing yogic austerities in joy and love with his divine consort Parvati (Mother Goddess). Lake Mansarovar and Mount Kailash are the **soul of all AUM followers** worldwide.

"Conventional wisdom says a single circuit of Mt. Kailash wipes out the sins of a lifetime; 108 parikramas guarantee enlightenment. A ritual bath in sacred Mansarovar Lake delivers pilgrims to Brahma's paradise, and a drop of its water relinquishes sins of hundreds of lifetimes."

Discover this divine power with **Firante Treks**—book your Kailash Yatra now!

DAYS	ITINERARY	HALTS	Remarks
Day 01:	Arrival to Kathmandu and transfer to Hotel. Evening briefing about Kailash trip.	Hotel 4star	Transfer to Hotel and brief
Day 02:	Morning visit Pashupatinath and Sleeping Vishnu, after lunch drive to domestic airport and fly to Nepalgunj. Hotels Siddhartha or Similar	Hotel 4star	Flight 55min
Day 03:	Morning fly to Simikot (3000m), Time permitting airlift to Hilsa Evening free	Guest House	Flight 45min / By Heli 20 min



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Day 04:	After breakfast fly to Hilsa (3700m) border and drive to Purang (3800m) -(21km) Acclimatization	Himalaya hotel or Similar	drive 45min
Day 05:	Drive to Mansarovar Lake (4500m) -(50km) Start Parikrama of Mansarovar- 88km and Holy Bath, Puja etc.	Guest House	Drive 3hrs to lake & parikrama
Day 06:	Morning free and After lunch drive to Darchen (4670m) - (53km) evening walk around town.	Himalaya Hotel or Similar	45min drive by Eco Bus
Day 07:	Morning drive to Yam Dwar (7km), We meet our horse, porter and yaks then set off together to Deraphuk. Those who are not attempting parikrama will return back to Darchen. We need to cover 10km to reach Deraphuk.	Guest House	Drive 35min and walk 7-8hrs
Day 08:	Today we have to cover (22km), start very early and the trail leads us rapidly up for few hours to reach Dolma la Pass (5470m). this is the highest point of this journey. While we descending from Dolma la, we will pass alongside a small glacier pool. The legend of the pool is connected with Mata Parvati, continue trek to Zuthulphuk	Guest House	Trek 10-12hrs
Day 09:	Last day of Kailash Parikarma, we need to cover (9km), Morning pack up our gear and move to Darchen, today trail is very easy and flat. It takes about 3hrs to reach Zongdo from here we board to bus and drive back to Darchen, meet our team and drive to Purang / Hilsa.	Himalaya Hotel/ Guest house	Trek 3 hrs and drive 4 hrs
Day 10:	Morning drive to Hilsa border and fly to Simikot - Nepalgunj and afternoon fly to Kathmandu. Evening free	Hotel 4star	By Heli 20min Flight 45min, Flight 55min & Flight 55min
Day 11:	Depart to airport for final departure, fly back to home.	-	-

Note: Itinerary are subject to change due to unavoidable circumstances and the extra cost occurred has to be paid by the clients.

Heli Ex Kathmandu: Departure Date 2026

May: 22, 27*

June: 12, 20, 25*

July: 03, 11, 25*

Aug: 07, 24*

Sept: 14, 22*



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Full moon at Manasarovar 2026: May: 31*, June: 29*, July: 29*, Aug: 28*, Sept: 26*

GROUP SIZE: 21+ pax	TOUR COST PER PAX; Net [payable cost 2026]
EX Kathmandu: 11 days; Tour Cost for Indian Nationals; INR; 270,000.00 per person	
EX Kathmandu: 11 days; Tour Cost for Foreign Nationals; USD; 3700.00 per person	
Visa Fee for USA / Canadian Nationals; USD 125.00 Additional	

Additional for Single supplements - 2 nights in Kathmandu: INR 6000.00 per pax

Extra cost: Upgrade to 5star Hotel: INR: 10000.00 per pax

Rates are based on the FEC/CIPSC 2026, cost; if the rates change by the FEC/CIPSC; also 1 USD rate is based at INR 89; if any big changes in USD rates it will be charged accordingly.

SERVICES INCLUDES IN ABOVE TOUR COST

- Airports pick up and drop services.
- Double sharing full board basis 4-star hotel in Kathmandu, as per itinerary
- Visit Pashupatinath Temple and Sleeping Vishnu (Budhinalkanta)
- Scheduled flight Kathmandu – Nepalgunj - Kathmandu
- Scheduled flight Nepalgunj – Simikot – Nepalgunj
- Charter helicopter flight share by 4 person Simikot – Hilsa - Simikot
- Double / Triple sharing hotel in Nepalgunj with all vegetarian meals
- 3 or 4pax in Simikot and Tibet some places with meals
- Transport by Tourist Bus up to Mansarovar and Eco Bus from Mansarovar & Kailash area as per group sizes
- Nepali Team Leader and Supporting Sherpa Team and Medical Insurance of staffs
- English speaking Tibetan guide
- English and Hindi speaking Nepali guide
- Chinese visa fee of Client and staff.
- Veg. Indian meals during the trip
- All accommodation in Tibet side as per itinerary
- Duffel Bag & small bag (a large & small bags to keep the Yatris for the trip) Gore-Tex Jacket
- All cooking equipment as per group size
- Yak for kitchen equipment during Kailash parikrama
- All entrance fee and Alien's Travel permit fee of Tibet.
- Kailash Yatra completion certificate
- Upper Humla permit & Village Development Committees (VDC) fee
- For emergency Oxygen cylinder, first aid box and oxy- meter for safety



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Note: After the Mansarovar to Kailash; All the private vehicles are not allowed

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- All beverages in Kathmandu, Nepalgunj and Simikot.
- Extra rooms bill due to flight delays due to weather conditions.
- Stick and a water bottle.
- Day use in Nepalgunj after Kailash trip
- Insurance of clients and evacuation cost.
- Personal porter & horse-riding charges during Kailash Parikrama
- Domestic excess baggage charges
- Tips for supporting staff

Important Information About Kailash Yatra: we request you to carry at least INR 50000.00 for extra expenses such as extra night's stay at hotel / guest house due to any reasons. Horse ride & porter during Kailash parikrama. Any extra cost incurred there of shall be borne by the clients on the spot. Please keep in mind that Mt. Kailash Yatra is not like an enjoyable holiday tour, therefore you need be prepared to face hardship and unpredictable situations.

Booking and payments

- As per new rules trip booking should be done in advance of 3 months
- 60 days prior to tour departure date, 50% of the total cost should reach Explore Zhang Zhung
- And full payment should made 45 days before departure to Kailash Manasarovar Yatra

Tour Cancellation policy:

- All notice of cancellation must be sent to our office in written.
- Verbal cancellations will not be entertained.
- 21 days period from tour departure date 30% cancellation.
- 15 days' period from tour departure date 50% cancellation.
- There will be no refund at all if you cancel the Yatra less than 10 days before the departure date
- Tour operators has fully right to change the dates and cancel the trip if any unavoidable circumstances.

Required Documents for Kailash Yatra Booking:

- Minimum 6 month's valid date passport is required.
- A normal health certificate from your personal doctor to those are 50 years and above by age.
- Age Bar 10-75 years old.
- Scan Passport copy should be reached Firante Treks & Expeditions office, Kathmandu prior 60 days.
- Original Passport should be reached 10 days prior to the yatra at Delhi office



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Kailash Yatra Physical Fitness Guide | Firante Treks:

This is one of Earth's toughest high-altitude road journeys. You must be physically fit—no two ways about it.

Patients with asthma or heart problems generally struggle to acclimatize. In your best interest, get examined by your doctor to assess your health and ability to cope with:

- Days of high-altitude travel in 'no-road' conditions.
- Extreme cold and dust.
- Trekking to 18,500 ft during parikrama.

Firante Treks includes acclimatization days for safer journeys.

Confirm your fitness and book today!

Clothing's:

As the temperature varies greatly between day and night (from max. 20 degrees Celsius to min. -10 degrees Celsius) one should prepare accordingly.

Altitude Sickness: as you are travelling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay night at Manasarovar (4600m) moving on to the higher altitudes.

Currency: The unit of Chinese currency is Yuan. USD 1=6.80 & 1 Yuan = INR 12.50 approx. Money can be exchanged at Nepalgunj, Hilsa and Purang. Exchange all your remaining Yuan at the end of the trip at Purang before re-entering Nepal.

Bring the following items with you:

Woolen gloves, Balaclava, Sun hat, Thermal wear, Water bottle, Woolen socks, Towel, Light Jacket, Sunglasses, Sun cream, Torch with extra batteries/bulbs, Muffler, Mask, Raincoat, Sweater, Shirt/T-shirt & Trekking shoes

Travel Insurance:

We highly advise the clients to have full insurance against medical, nature calamity, helicopter evacuation, personal accident and cancellation etc.

Kailash Yatra Cancellation Policy | Firante Treks:

We may cancel your trip due to border closures, permit issues/cancellations by government, war, riots, civil disturbances, strikes, natural disasters, terrorism, airport closures, or similar.

In such cases, we'll notify you ASAP and offer:

- An alternative trip of comparable standard, or
- Refund of payments after deducting actual expenses (flights, visas, permits, hotels, vehicles).

A detailed expense bill will be provided for your insurance claim. Firante holds no further liability. Note: Chinese authorities may deny entry despite permits if you don't meet their criteria. Never start until permit confirmation.

Travel securely with Firante— inquire now for updates!

Refund:

No refund will be made to any tour member in-case of incomplete Yatra due to what so ever reasons.

